## DMS-SCHOOL COUNSELING NEWSLETTER

## (August 2022)

Hello and WELCOME BACK! My hope is that everyone had a relaxing summer vacation. I am thrilled to be returning as the school counselor for the 2022-2023 school year. This will be my second year as a school counselor at Dryden Middle School. This year is going to be a bit different. I will have  $6^{th}$  and  $7^{th}$  grade for the entire academic school year. However, I will also be acting as school counselor for  $8^{th}$  grade as well. This will be effective until our other counselor Michelle Kannus returns or we are able to find a Long Term Substitute.

This is going to be a fun filled year with learning, growing and lots of new adventures. I cannot wait to get to know you, your family, and most importantly your child! My goal this year is to keep the lines of communication open and our Middle School Counseling page much more active with periodic newsletters to families relaying topics we will be discussing. There you will be able to find links from around the community as well as some helpful resources such as SchoolTool-Parent guide, PAPER -Tutoring, and previous Newsletters from myself. I am grateful to be one of many resources your child may use at DMS. We also have our incredible social worker Ellen Stelick and our amazing school psychologist Lydia Mychack. All of our contact information can be found on this web page as well.

These last couples of years have been very difficult for most people. To honor that, this school year's theme is "Moving Forward Together" and I'm excited to do just that! My hope is that, this school year will be full of fun and successful experiences for all of our students. I look forward to meeting those of you that are attending our open house on September 20th at 6pm and providing more resources for you. Please feel free to contact me if you have any questions or if there is anything I can do to assist you and your child.

Sincerely,

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